



## **How to Use the Tinibrush® ELEVEN**

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First remove the attached metal plate, which is not for magnetizing the Tinibrush® ELEVEN, but only used if you want to fix the Tinibrush® ELEVEN to a mirror, see picture). Else you can dispose of it. Use Tinibrush® ELEVEN rapidly in a very gentle or medium strong brushing motion over the desired body part. It can be on dry, or wet skin (shower), as well as through your clothes.

## **Areas of Application**

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It can be used in Conventional Medicine in pain therapy for rheumatism; Plastic Surgery in pain therapy, wound healing, and scar therapy; Dental Medicine; Cosmetic medicine in skin care, scar therapy and anti-aging; Sport and Rehabilitation Medicine; Complementary/Biological /Integrative Medicine and Traditional Chinese Medicine (TCM).

## **Effectiveness**

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It is based on the health-promoting empirical experiences with magnets. The 11 magnets produce a magnetic field. Its biophysical dynamic forces make the blood circulate more effectively with large energetic use for the whole body. The magnetic field strength causes oxygen fluidity in the tissue and acts in revitalizing, regenerating and energizing the metabolism. Tinibrush® ELEVEN accelerates the transport of charged particles in its effective range. These particles move faster than with passive diffusion and in relevant quantities in the subcutaneous layer of the tissue.

Do not bring Tinibrush® ELEVEN not too close to magnetic credit cards, computer disk as there may be a risk of deletion.

Tinibrush® ELEVEN promotes blood circulation and wound healing. It aids in fighting oedema and arthritis. Scars are less noticeable when used in conjunction with ointments, creams, gels and sprays as it allows better penetration into the tissue allowing for faster absorption, Tinibrush® ELEVEN can also aid in blood congestion in the veins Traditional Chinese Medicine:

Tinibrush® ELEVEN activates the Qi vitality force - the whole of all energies.

The Tinibrush® ELEVEN is used in classical acupuncture treatment. In addition for MAPS therapy (micro acupuncture points systems, J. Gleditsch M.D.). For instance, moving the Tinibrush® ELEVEN quickly between the palms of your hands harmonizes acupuncture points of the Korean hand acupuncture system and stimulates the neck's C6, C7 and C8 leading to action in the 6th and 7th cervical vertebrae. In turn, this communicates with the main artery (aorta), hypophysis (brain), heart, lungs and bronchi (bio feedback to the internal organs). The neck spinal nerves pass the signals to the central nervous system and direct the blood, the lymph and the life energy (Qi). Harmony among these areas is healthy well-being.

The innovative scissor grip of Tinibrush® ELEVEN allows better handling, alternating the holding of Tinibrush® ELEVEN as many times in the right and left hand, trains our hand talent and sensitivity of the hand. It increases our concentration ability, as well as the neuro plasticity potential of the brain (brain gym). By using different angles of the massage head (up to 360 degrees) the thinking process is intensified, especially in the morning, for better awakening. The ability to change the degree of the angle to various positions makes its use suitable for everyone and guarantees a perfect handling of the massage brush.

## **Warning**

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None, except the usual reminder, that you should be watchful when carrying a cardiac pacemaker or pregnant in the first 3 months. Consult your physician.